



St. John Ambulance Saint-Jean

SAVING LIVES SAUVER DES VIES
at work, home and play au travail, à la maison et dans les loisirs

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Charitable Registration No.: 88725 4035 RR0001

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Dear Grade 3 Teacher:

You and your class are invited to participate in the St. John Ambulance *We Can Help First Aid Awareness & Safety Program*, free of charge with the kind support of the Masons and their concordant bodies. Since 1995 more than 145,000 Grade 3 students have been introduced to first aid and safety awareness through this successful program.

The 10 lessons in *We Can Help* were developed for students between the ages of 7 to 10 years and the program:

- introduces students to basic first aid,
- makes students aware of the importance of safety and encourages them to develop safe habits for life, and
- teaches students that they can help others as well as themselves.

We Can Help has instructional flexibility and is designed for integration into the elementary school curriculum K-9 (Health & Life Skills Program of Studies; Safety & Responsibility Wellness 3.8, 3.9 & 3.10, Alberta Learning). All components can be used independently in 15 to 30-minute sessions or together as a comprehensive course. The suggested instruction time for the program is from five to six hours, but this time frame may be adjusted to meet the needs of you and your students.

Course materials include an instructor's resource book with lesson plans, an activity book for the students, a set of classroom posters suitable for photocopying and coloring, and a certificate for each student at the completion of the program.

The *We Can Help* materials are completely free-of-charge for grade 3 students. To receive the materials please complete the enclosed order form and mail or fax it to the St. John Ambulance Provincial Office.

May the 2009 – 2010 school year be rewarding and safe for you and your school community. If we can be of assistance in meeting your school's first aid and safety needs, please contact the St. John Ambulance office nearest you.

Sincerely,

Beverly Lafortune
Vice President, Training & Community Services

