

COMMUNITY SERVICES

MAKING A DIFFERENCE IN  
COMMUNITIES ACROSS CANADA



St. John Ambulance

**SAVING LIVES**  
at work, home and play

[www.sja.ca](http://www.sja.ca)

# AN UNMATCHED RECORD OF CARING FOR COMMUNITIES ACROSS CANADA



St. John Ambulance

St. John Ambulance Canada is part of one of the world's oldest humanitarian organizations—the Order of St. John—a worldwide, non-denominational charity dedicated to the service of others.

Established in Canada in 1883, St. John Ambulance Canada now serves communities from coast-to-coast.

## OUR VOLUNTEERS MAKE A DIFFERENCE

For over a century, the volunteers of St. John Ambulance Canada have been dedicated to a singular vision: to enable Canadians to improve their health, safety and quality of life by providing community services and first aid training.

St. John Ambulance Canada has over 25,000 volunteers and is one of the country's largest volunteer networks. Our volunteers contribute an astounding two million hours of volunteer time to communities of all sizes, in all regions of Canada. While the financial contribution of St. John Ambulance community service volunteers could be calculated in millions of dollars, the contribution to the safety of Canadians is immeasurable. When Canadians need them, our volunteers have an unmatched record of answering the call.





## IN TIMES OF EMERGENCY— ST. JOHN AMBULANCE VOLUNTEERS ARE THERE

St. John Ambulance volunteers play a vital role in the critical areas of emergency preparedness and emergency response across Canada. St. John Ambulance is considered the leading emergency health care non-governmental organization.

From the Spanish Influenza pandemic in 1918 to the SARS outbreak in Toronto in 2003, from the Nova Scotia mining disasters of the 1950s, to the British Columbia wildfires in 2003, from the Ontario and Quebec ice storms to the Manitoba floods, the volunteers of St. John Ambulance have always been there for Canadians. Our volunteers are well screened, well trained, well equipped, uncommonly dedicated and highly respected.

## IN EVERYDAY LIFE— ST. JOHN AMBULANCE VOLUNTEERS ARE THERE FOR CANADIANS

When a community need arises, St. John Ambulance volunteers are ready and able to help. When a natural or human disaster strikes, St. John Ambulance volunteer Medical First Responders are there with advanced first aid and life-saving skills, experience and leadership. When companionship is needed, St. John Ambulance Therapy Dog members offer warmth and compassion.

At cultural, community and sporting events in cities, towns and villages across Canada, St. John Ambulance volunteers are on the scene and ready to provide health and safety related services until medical assistance arrives. Whenever and wherever people gather, event organizers and communities count on St. John Ambulance volunteers to be a familiar and comforting sight.

### Learn Skills That Save Lives at Work, Home and Play

As a St. John Ambulance volunteer you'll have direct access to Canada's most respected first aid, CPR and health promotion training network. St. John Ambulance instructors and training



programs are acknowledged to be the best available. Each year, over 550,000 Canadians receive first aid, CPR and health related training from St. John Ambulance. The skills you learn could save a life—perhaps that of someone you love.

### Meet New Friends

While St. John Ambulance volunteers touch the lives of many people in our communities, they also are touched by the many bonds they build within our volunteer network by meeting new friends, sharing experiences and developing relationships that in many cases last a lifetime.

### Make a Difference in Your Community

As a St. John Ambulance volunteer you will help expand the continuum of emergency first response in our communities, increase safety awareness, promote health and bring expertise, experience and equipment whenever and wherever it is needed. Because of the dedication and commitment of St. John Ambulance volunteers, Canada is a safer place to live. In human terms, the contribution our volunteers make to Canadian communities is beyond estimation.

## VOLUNTEER YOUR OWN WAY

There are countless ways that you can make a difference as a St. John Ambulance volunteer. You can build a better future for Canada's young people by becoming part of our Youth Program as a leader. You can bring comfort to residents of hospitals and nursing homes by taking part in our Therapy Dog Program. You can be on site at community events or respond to emergencies.

Discover more about St. John Ambulance volunteers today.

Contact your local St. John Ambulance office or visit [www.sja.ca](http://www.sja.ca) for further information on getting help for your community event or on becoming a community service volunteer.

# ABOUT ST. JOHN AMBULANCE IN CANADA

**First aid and CPR save lives.** As Canada's standard for excellence in first aid and CPR services, St. John Ambulance plays an integral role in our society. Building on a 900-year tradition, St. John Ambulance offers innovative programs and products, ensuring Canadians receive the best quality training and expertise. People across the country benefit from the care and safety provided by St. John Ambulance community service teams.

## Quick Facts:

- *Established in 1883 in Canada*
- *Member of one of the world's oldest humanitarian organizations—the Order of St. John*
- *Serving communities across Canada*
- *25,000 volunteers provide two million volunteer hours annually*
- *6,000 certified instructors*
- *Provides first aid and CPR training programs that contain the latest protocols and meet provincial and federal regulations*
- *Trains more than 550,000 Canadians in first aid and CPR each year*
- *Markets a complete range of high quality first aid kits and supplies for use at work, home and play*
- *Supports humanitarian relief efforts across Canada and around the world*



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For further information about St. John Ambulance in your community, please visit [www.sja.ca](http://www.sja.ca) or contact

**Provincial and Territorial Offices:**

Newfoundland – St. John's	(709) 726-4200
Prince Edward Island – Charlottetown	(800) 618-4697
Nova Scotia – Dartmouth	(800) 565-5056
New Brunswick – Fredericton	(800) 563-9998
Quebec – Montreal	(514) 842-4801
Ontario – Toronto	(800) 268-7581
Federal District – Ottawa	(613) 722-2002
Manitoba – Winnipeg	(204) 784-7000
Saskatchewan – Regina	(306) 522-7226
Alberta – Edmonton	(800) 665-7114
British Columbia – Vancouver	(866) 321-2651
Yukon – Whitehorse	(867) 668-5001
Northwest Territories and Nunavut – Yellowknife	(867) 873-5658

**National Office:** Ottawa, Ontario (613) 236-7461