



34th Annual **TRAINING** **FOR** **LIFE** **CONFERENCE**

Albatross Hotel,
 Gander
 October 22nd – 24th, 2010



Newfoundland and Labrador
 1910 A Century of Care 2010

St. John Ambulance

SAVING LIVES
 at work, home and play



FRIDAY, OCTOBER 22nd

10:00 a.m. – 1:00 p.m. Registration

WORKSHOPS

(1) 1:00-4:00 p.m. **AED Instructor Workshop**

This session is intended to facilitate Instructors wishing to be certified to teach AED.

Facilitators: Craig Wiseman, R.N. & Hubert Dawe, PCP

(2) 1:00-4:00 p.m. **CISM: What is it? Who needs It?**

This session will look at potential Critical Incidents that require interventions and the ways individuals respond to Critical Incident Stress. There will be emphasis on the Goals and Objectives of CISM and CISM Interventions and review statistics as they relate to who needs CISM.

Facilitator: Aubrey Vincent, VO1 ARV, Director, NL Division
Emergency Disaster Services, The Salvation Army

(3) 1:00-4:00 p.m. **Marine Student Supplement**

This session will review Transport Canada Requirements for Marine Basic and Marine Advanced First Aid as well as examining the Marine Student Supplement and how it's incorporated into the program.

Facilitator: Jason Oliver, Instructor / Lead Medical Responder
Offshore Safety & Survival Centre

**7:00-9:30 p.m. Official Opening & Social Reception (Cash Bar)
Entertainment by: YYT**

SATURDAY, OCTOBER 23rd

8:30-9:30 a.m.
Plenary Session **“Your Body Your Life”**

A discussion on the purpose of muscles and the vital importance they have in the level of health we experience. We will perform exercises which demonstrate how well we can handle everyday stress and what our goals are and whether we are taking the road to a fun filled life.

Facilitator: Dr. Don Hodder, Chiropractor, Total Body Chiropractic

9:30-10:30 a.m.
Plenary Session

Street Drugs: What is out there and what should we know?

As use of recreational drug abuse becomes more common in our communities it is important that first responders get a grasp of what's out there, how they affect the human body, safety concerns and emergency management of casualties who may be affected by them.

Facilitators: Wayne Purchase, ACP & Scott Thistle, Instructor Trainer

10:30-10:45 a.m. **COFFEE BREAK**

EDUCATIONAL & PRACTICAL SESSIONS

(1) 10:45-12:00 noon **Burns**

This presentation will review the spectrum of burn injuries, their treatment, and other related complications.

Facilitator: Don Drover, R.N., E.N.C.(c), M.F.S. Medical Flight Specialist
Eastern Health

SATURDAY, OCTOBER 23rd

EDUCATIONAL & PRACTICAL SESSIONS CONT.

- (2) 10:45-12:00 noon **'Emergency' Childbirth – or...
"I don't know nothin' 'bout birthin' no babies!"**
- Complications of pregnancy and childbirth are some of the most anxiety provoking emergencies the first responder can face! This presentation will cover some of the most important to know complications of pregnancy and childbirth. Obstetrical patients can go from happy stories to tragedies very quickly; get the information you need to do the best for your most vulnerable two patients.
- Facilitator: Hulbert Silver, SBStJ, MD.
- (3) 10:45- 12:00 noon **Jeopardy**
- Jeopardy is a game designed to challenge your First Aid knowledge. You will work in groups to answer questions on a variety of topics.
- Facilitators: Paul Westcott, CRSP, CHSC, Instructor Trainer & Ron St. Onge, Instructor Trainer
- 12:00-1:00 p.m. **LUNCH** (on your own)
- 1:00-2:15 p.m.
Plenary Session **Skills Workshop – Resuscitation Skills
Adult/Child (Level C/AED)
Infant (Level C)
Level HCP**
- 2:15-2:30 p.m. **COFFEE BREAK**
- 2:30 - 4:30 p.m.
**Plenary Session
(Continued)** **Skills Workshop
Fractures
 Upper (including slings)
 Lower
Bandaging (wound care, chest, eyes, burns)
Rescue Carries**
- 7:00-7:30 p.m. Pre-Banquet Reception (Cash Bar)**
- 7:30 p.m. Awards Banquet – Dance to Follow**

SUNDAY, OCTOBER 24th

- 9:00-10:00 a.m.
Plenary Session **"Protecting the Public, Protecting Ourselves:
Insurance and Risk Management"**
- An overview of the insurance coverage currently available to SJA employees and volunteers, as well as a discussion of ways to mitigate risk when acting on behalf of SJA.
- Facilitator: Susan Farrell, BA, CAIB, CIP, CRM, Account Manager, Aon Reed Stenhouse Inc.
- 10:00-10:30 a.m. **Brainstorming Session (Conference Evaluations/Presentations)**
- 10:30-10:45 a.m. **COFFEE BREAK**
- 10:45-12:00 noon Instructor Updates Facilitator: Jan Hayden
- 10:45-12:00 noon Community Services Meeting Facilitator: Kimberly Churchill

Thank You Sponsors!

P
L
A
T
I
N
U
M



G
O
L
D



S
I
L
V
E
R



B
R
O
N
Z
E



St. John Ambulance
SAVING LIVES
at work, home and play

Newfoundland & Labrador Council
112 Forest Road
St. John's, NL A1C 5W4
Toll Free: 1-800-801-0181
www.sja.ca/nl

Charitable registration number 10802 2054 RR 0001