



## ***Ordinary People Doing Extraordinary Things!***

***Volunteerism is at the heart and soul of every community and is vital to the social and economic development of the whole world. It provides us with one of our greatest human and moral assets – especially in times of need and crises.***

St. John Ambulance is one such organization that relies on the support of its volunteers. It is their dedication, professionalism, caring, and perseverance that helps to define and shape St. John. Interacting with approximately half a million individuals a year and providing more than 32,000 hours of volunteer time in Newfoundland and Labrador, our volunteers are part of a proud tradition of performing extraordinary service of helping save lives - at work, home and play!

Volunteers help fulfill the mission of St. John Ambulance which is to enable Canadians to improve their health, safety, and quality of life by providing training and community services. St. John Ambulance volunteers come from all walks of life and include nearly 400 volunteer members across the province that are ready to provide quality first aid service or make therapy dog visitations.

Led by a highly skilled network of medical and health care professionals, program development specialists have positioned St. John Ambulance as the national leader in first aid. St. John Ambulance Medical First Response volunteers practice at weekly meetings to keep their skills current so that they have what it takes to respond in any emergency.

The St. John Ambulance Therapy Dog program builds on their caring tradition of providing quality care. The program brings comfort, joy and companionship to members of the community who need it most. Volunteers with their dogs visit seniors in long term care facilities and young children in hospital who reap the therapeutic benefits of the unconditional love that a four-legged friend can bring.

During National Volunteer Week, which is celebrated across Canada from April 27 – May 3, we would like to extend gratitude and thanks to our volunteers for their ongoing dedication and professionalism. Help us honour our volunteers by letting them know you appreciate having them around.

St John Ambulance is one of the many worthy charitable organizations that Canadians give freely of their time to support. If you are interested in practicing your first aid skills or serving the community call 1-800-801-0181. To learn more about St. John Ambulance, please visit [www.sja.ca/nl](http://www.sja.ca/nl).



**St. John Ambulance**  
**SAVING LIVES**  
at work, home and play



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# CELEBRATING 125 YEARS OF SAVING LIVES AT WORK, HOME AND PLAY!

Throughout the province, more than 400 St. John Ambulance volunteers are working every day to help us feel safer.



When a community need arises, they are there, ready and able to help. When a natural or human disaster strikes, our Medical First Responders are there with first aid skills, experience and leadership. When companionship is needed, our Therapy Dog members offer warmth, companionship and compassion.

**For providing over 32,000 Hours of Volunteer Time –  
One Very Big THANK YOU!**

If you want to play an invaluable role in your  
community call 1-800-801-0181 or  
visit us at [www.sja.ca/nl](http://www.sja.ca/nl)



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