



## ***Ordinary People Doing Extraordinary Things!***

***Volunteerism is at the heart and soul of every community and is vital to the social and economic development of the whole world. It provides us with one of our greatest human and moral assets – especially in times of need and crises.***

St. John Ambulance is one such organization that relies on the support of its volunteers. It is their dedication, professionalism, caring, and perseverance that helps to define and shape St. John. You can see them in action at parades, sporting events, concerts and many other public activities where they interact with approximately half a million individuals a year and provide more than 32,000 hours of volunteer time.

Volunteers help fulfill the mission of St. John Ambulance which is to enable Canadians to improve their health, safety, and quality of life by providing training and community services. St. John Ambulance volunteers come from all walks of life and include nearly 400 volunteer members across the province who are ready to provide quality first aid service or make therapy dog visitations.

Led by a highly skilled network of medical and health care professionals, program development specialists have positioned St. John Ambulance as the national leader in first aid. St. John Ambulance Medical First Response volunteers practice at weekly meetings to keep their skills current so that they have what it takes to respond in any emergency.

The St. John Ambulance Therapy Dog program builds on their caring tradition of providing quality care. The program brings comfort, joy and companionship to members of the community who need it most. Volunteers with their dogs visit seniors in long term care facilities who reap the therapeutic benefits of the unconditional love that a four-legged friend can bring.

This year volunteer week is celebrated across Canada from April 27 – May 3. During this week, and throughout the year when you see a St John Ambulance volunteer give them a smile or greeting to show them you appreciate having them around.

St John Ambulance is one of the many worthy organizations that Canadians give freely of their time to support. If you are interested in practicing your first aid skills or serving the community call 1-800-801-0181.



**St. John Ambulance**  
**SAVING LIVES**  
at work, home and play



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