



Serving London, Chatham, Sarnia and Windsor

Standard First Aid with CPR Level A or C + AED

Register now

This two day course is for individuals who require more comprehensive information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with more than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for three years are issued upon successful completion.

CPR Level A (Adults only) - 8:30 am – 4:30 pm

CPR Level C (Adults, infants & children) - 8:30 am – 5:30 pm

NOVEMBER	DAY	LOCATION
7,8	Wed,Thu	Sarnia - Holiday Inn
12,13	Mon,Tue	Chatham: Retro Suites Hotel
12,13	Mon,Tue	London - 741 King St.
15,16	Thu,Fri	London - 741 King St.
17,18	Sat,Sun	London - 741 King St.
19,20	Mon,Tue	London - 741 King St.
22,23	Thu,Fri	London - 741 King St.
22,23	Thu,Fri	Sarnia - Holiday Inn
24,25	Sat,Sun	London - 741 King St.
26,27	Mon,Tue	Chatham: Retro Suites Hotel
26,27	Mon,Tue	London - 741 King St.
28,29	Wed,Thu	London - 741 King St.
29,30	Thu,Fri	London - 741 King St.

DECEMBER	DAY	LOCATION
1,2	Sat,Sun	London - 741 King St.
3,4	Mon,Tue	London - 741 King St.
5,6	Wed,Thu	Chatham: Retro Suites Hotel
5,6	Wed,Thu	Sarnia - Holiday Inn
6,7	Thu,Fri	London - 741 King St.
8,9	Sat,Sun	London - 741 King St.
10,11	Mon,Tue	London - 741 King St.
13,14	Thu,Fri	London - 741 King St.
15,16	Sat,Sun	London - 741 King St.
17,18	Mon,Tue	Chatham: Retro Suites Hotel
17,18	Mon,Tue	London - 741 King St.
19,20	Wed,Thu	London - 741 King St.
19,20	Wed,Thu	Sarnia - Holiday Inn
20,21	Thu,Fri	London - 741 King St.
27,28	Thu,Fri	London - 741 King St.

JANUARY	DAY	LOCATION
2,3	Wed,Thu	Sarnia - Holiday Inn
7,8	Mon,Tue	London - 741 King St.
9,10	Wed,Thu	Chatham: Retro Suites Hotel
9,10	Wed,Thu	London - 741 King St.
10,11	Thu,Fri	London - 741 King St.
12,13	Sat,Sun	London - 741 King St.
14,15	Mon,Tue	London - 741 King St.
16,17	Wed,Thu	London - 741 King St.
16,17	Wed,Thu	London - 741 King St.
17,18	Thu,Fri	Chatham: Retro Suites Hotel
17,18	Thu,Fri	London - 741 King St.
17,18	Thu,Fri	Sarnia - Holiday Inn

FEBRUARY	DAY	LOCATION
2,3	Sat,Sun	London - 741 King St.
4,5	Mon,Tue	Chatham: Retro Suites Hotel
4,5	Mon,Tue	London - 741 King St.
6,7	Wed,Thu	London - 741 King St.
6,7	Wed,Thu	Sarnia - Holiday Inn
7,8	Thu,Fri	London - 741 King St.
9,10	Sat,Sun	London - 741 King St.
11,12	Mon,Tue	London - 741 King St.
13,14	Wed,Thu	London - 741 King St.
13,14	Wed,Thu	London - 741 King St.
14,15	Thu,Fri	Chatham: Retro Suites Hotel
14,15	Thu,Fri	London - 741 King St.

19,20	Sat,Sun	London - 741 King St.	16,17	Sat,Sun	London - 741 King St.
21,22	Mon,Tue	Chatham: Retro Suites Hotel	19,20	Tue,Wed	Chatham: Retro Suites Hotel
21,22	Mon,Tue	London - 741 King St.	19,20	Tue,Wed	London - 741 King St.
23,24	Wed,Thu	London - 741 King St.	20,21	Wed,Thu	London - 741 King St.
24,25	Thu,Fri	London - 741 King St.	21,22	Thu,Fri	London - 741 King St.
26,27	Sat,Sun	London - 741 King St.	21,22	Thu,Fri	Sarnia - Holiday Inn
28,29	Mon,Tue	London - 741 King St.	23,24	Sat,Sun	London - 741 King St.
28,29	Mon,Tue	Sarnia - Holiday Inn	25,26	Mon,Tue	London - 741 King St.
30,31	Wed,Thu	London - 741 King St.	25,26	Mon,Tue	Sarnia - Holiday Inn
31,1	Thu,Fri	London - 741 King St.	27,28	Wed,Thu	London - 741 King St.
			28,1	Thu,Fri	London - 741 King St.

MARCH	DAY	LOCATION
2,3	Sat,Sun	London - 741 King St.
4,5	Mon,Tue	Chatham: Retro Suites Hotel
4,5	Mon,Tue	London - 741 King St.
6,7	Wed,Thu	London - 741 King St.
6,7	Wed,Thu	Sarnia - Holiday Inn
7,8	Thu,Fri	London - 741 King St.
9,10	Sat,Sun	London - 741 King St.
11,12	Mon,Tue	London - 741 King St.
13,14	Wed,Thu	London - 741 King St.
14,15	Thu,Fri	Chatham: Retro Suites Hotel
14,15	Thu,Fri	London - 741 King St.
16,17	Sat,Sun	London - 741 King St.
18,19	Mon,Tue	Chatham: Retro Suites Hotel
18,19	Mon,Tue	London - 741 King St.
20,21	Wed,Thu	London - 741 King St.
20,21	Wed,Thu	London - 741 King St.
21,22	Thu,Fri	London - 741 King St.
21,22	Thu,Fri	Sarnia - Holiday Inn
23,24	Sat,Sun	London - 741 King St.
25,26	Mon,Tue	London - 741 King St.
25,26	Mon,Tue	Sarnia - Holiday Inn
27,28	Wed,Thu	London - 741 King St.
28,29	Thu,Fri	London - 741 King St.
30,31	Sat,Sun	London - 741 King St.

Standard First Aid with CPR Level A or C + AED Renewal

Register now

This one-day renewal course is for individuals wishing to renew their St. John Ambulance Standard First Aid Level A or C & AED certificates. Renewals are permitted for certifications which have not yet expired. For on-going renewals, this course must be alternated with the full 2 day Standard level course. Certificates valid for three years are issued upon successful completion.

CPR Level A (Adults only) - 8:30 am – 4:30 pm

CPR Level C (Adults, infants & children) - 8:30 am – 5:30 pm

NOVEMBER	DAY	LOCATION
16	Fri	London - 741 King St.
20	Tue	London - 741 King St.
24	Sat	London - 741 King St.
28	Wed	Chatham: Retro Suites Hotel
29	Thu	Sarnia - Holiday Inn
30	Fri	London - 741 King St.

DECEMBER	DAY	LOCATION
4	Tue	London - 741 King St.

JANUARY	DAY	LOCATION
11	Fri	London - 741 King St.
15	Tue	London - 741 King St.
23	Wed	Chatham: Retro Suites Hotel
24	Thu	Sarnia - Holiday Inn
26	Sat	London - 741 King St.
29	Tue	London - 741 King St.

FEBRUARY	DAY	LOCATION
8	Fri	London - 741 King St.
12	Tue	London - 741 King St.
23	Sat	London - 741 King St.
26	Tue	London - 741 King St.
27	Wed	Chatham: Retro Suites Hotel
28	Thu	Sarnia - Holiday Inn

MARCH	DAY	LOCATION
8	Fri	London - 741 King St.
12	Tue	London - 741 King St.
23	Sat	London - 741 King St.
26	Tue	London - 741 King St.
27	Wed	Chatham: Retro Suites Hotel
28	Thu	Sarnia - Holiday Inn

APRIL	DAY	LOCATION
9	Tue	London - 741 King St.
12	Fri	London - 741 King St.
23	Tue	London - 741 King St.
24	Wed	Chatham: Retro Suites Hotel
25	Thu	Sarnia - Holiday Inn
27	Sat	London - 741 King St.

MAY	DAY	LOCATION
10	Fri	London - 741 King St.
14	Tue	London - 741 King St.
22	Wed	Chatham: Retro Suites Hotel
23	Thu	Sarnia - Holiday Inn
25	Sat	London - 741 King St.
28	Tue	London - 741 King St.

JUNE	DAY	LOCATION
11	Tue	London - 741 King St.
14	Fri	London - 741 King St.
22	Sat	London - 741 King St.
25	Tue	London - 741 King St.
26	Wed	Chatham: Retro Suites Hotel
27	Thu	Sarnia - Holiday Inn

Standard First Aid with CPR Level HCP

Register now

This two day course is geared towards health care providers that require more comprehensive information on First Aid and CPR for the workplace or work in a medical response environment or hospital settings. This interactive program includes CPR training for adults, infants and children, 2 person CPR, automated external defibrillation (AED), artificial respiration, bag-valve mask use and pulse checks. Certificates valid for three years are issued upon successful completion. **Students, ask for your student discount at time of registration.** Time: 8:30 am – 6:30 pm

NOVEMBER	DAY	LOCATION
17,18	Sat,Sun	London - 741 King St.
JANUARY	DAY	LOCATION
19,20	Sat,Sun	London - 741 King St.
MARCH	DAY	LOCATION
16,17	Sat,Sun	London - 741 King St.

DECEMBER	DAY	LOCATION
15,16	Sat,Sun	London - 741 King St.
FEBRUARY	DAY	LOCATION
9,10	Sat,Sun	London - 741 King St.

Standard First Aid with CPR for HCP Renewal

This one-day renewal course is for individuals wishing to renew their St. John Ambulance Standard First Aid Level CPR HCP certificates. Renewals are permitted for certifications which have not yet expired. For on-going renewals, this course must be alternated with a 2 day Standard course. Certificates valid for three years are issued upon successful completion. Time: 8:30 am – 6:30 pm

DECEMBER	DAY	LOCATION
8	Sat	London - 741 King St.
JANUARY	DAY	LOCATION
12	Sat	London - 741 King St.
MARCH	DAY	LOCATION
9	Sat	London - 741 King St.
MAY	DAY	LOCATION
4	Sat	London - 741 King St.
JULY	DAY	LOCATION
13	Sat	London - 741 King St.
27	Sat	London - 741 King St.
SEPTEMBER	DAY	LOCATION
14	Sat	London - 741 King St.
28	Sat	London - 741 King St.
NOVEMBER	DAY	LOCATION
9	Sat	London - 741 King St.
FEBRUARY	DAY	LOCATION
2	Sat	London - 741 King St.
APRIL	DAY	LOCATION
6	Sat	London - 741 King St.
JUNE	DAY	LOCATION
8	Sat	London - 741 King St.
AUGUST	DAY	LOCATION
10	Sat	London - 741 King St.
24	Sat	London - 741 King St.
OCTOBER	DAY	LOCATION
5	Sat	London - 741 King St.
DECEMBER	DAY	LOCATION
14	Sat	London - 741 King St.

Emergency First Aid with CPR Level A or C + AED

Register now

This one day course is for individuals who require basic information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with less than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for 3 years are issued upon successful completion

CPR Level A (Adults only) - 8:30 am – 4:30 pm

CPR Level C (Adults, infants & children) - 8:30 am – 5:30 pm

NOVEMBER	DAY	LOCATION
7	Wed	Sarnia - Holiday Inn
12	Mon	Chatham: Retro Suites Hotel
12	Mon	London - 741 King St.
15	Thu	London - 741 King St.
17	Sat	London - 741 King St.
19	Mon	London - 741 King St.
22	Thu	London - 741 King St.
22	Thu	Sarnia - Holiday Inn
24	Sat	London - 741 King St.
26	Mon	Chatham: Retro Suites Hotel
26	Mon	London - 741 King St.
28	Wed	London - 741 King St.
29	Thu	London - 741 King St.

DECEMBER	DAY	LOCATION
1	Sat	London - 741 King St.
3	Mon	London - 741 King St.
5	Wed	Chatham: Retro Suites Hotel
5	Wed	Sarnia - Holiday Inn
6	Thu	London - 741 King St.
8	Sat	London - 741 King St.
10	Mon	London - 741 King St.
13	Thu	London - 741 King St.
15	Sat	London - 741 King St.
17	Mon	Chatham: Retro Suites Hotel
17	Mon	London - 741 King St.
19	Wed	London - 741 King St.
19	Wed	Sarnia - Holiday Inn
20	Thu	London - 741 King St.
27	Thu	London - 741 King St.

JANUARY	DAY	LOCATION
2	Wed	Sarnia - Holiday Inn
7	Mon	London - 741 King St.
9	Wed	Chatham: Retro Suites Hotel
9	Wed	London - 741 King St.
10	Thu	London - 741 King St.
12	Sat	London - 741 King St.
14	Mon	London - 741 King St.
16	Wed	London - 741 King St.
16	Wed	London - 741 King St.
17	Thu	Chatham: Retro Suites Hotel
17	Thu	London - 741 King St.
17	Thu	Sarnia - Holiday Inn
19	Sat	London - 741 King St.
21	Mon	Chatham: Retro Suites Hotel
21	Mon	London - 741 King St.
23	Wed	London - 741 King St.
24	Thu	London - 741 King St.
26	Sat	London - 741 King St.
28	Mon	London - 741 King St.
28	Mon	Sarnia - Holiday Inn
30	Wed	London - 741 King St.
31	Thu	London - 741 King St.

FEBRUARY	DAY	LOCATION
2	Sat	London - 741 King St.
4	Mon	Chatham: Retro Suites Hotel
4	Mon	London - 741 King St.
6	Wed	London - 741 King St.
6	Wed	Sarnia - Holiday Inn
7	Thu	London - 741 King St.
9	Sat	London - 741 King St.
11	Mon	London - 741 King St.
13	Wed	London - 741 King St.
13	Wed	London - 741 King St.
14	Thu	Chatham: Retro Suites Hotel
14	Thu	London - 741 King St.
16	Sat	London - 741 King St.
19	Tue	Chatham: Retro Suites Hotel
19	Tue	London - 741 King St.
20	Wed	London - 741 King St.
21	Thu	London - 741 King St.
21	Thu	Sarnia - Holiday Inn
23	Sat	London - 741 King St.
25	Mon	London - 741 King St.
25	Mon	Sarnia - Holiday Inn
27	Wed	London - 741 King St.

28 Thu London - 741 King St.

MARCH	DAY	LOCATION
2	Sat	London - 741 King St.
4	Mon	Chatham: Retro Suites Hotel
4	Mon	London - 741 King St.
6	Wed	London - 741 King St.
6	Wed	Sarnia - Holiday Inn
7	Thu	London - 741 King St.
9	Sat	London - 741 King St.
11	Mon	London - 741 King St.
13	Wed	London - 741 King St.
14	Thu	Chatham: Retro Suites Hotel
14	Thu	London - 741 King St.
16	Sat	London - 741 King St.
18	Mon	Chatham: Retro Suites Hotel
18	Mon	London - 741 King St.
20	Wed	London - 741 King St.
20	Wed	London - 741 King St.
21	Thu	London - 741 King St.
21	Thu	Sarnia - Holiday Inn
23	Sat	London - 741 King St.
25	Mon	London - 741 King St.
25	Mon	Sarnia - Holiday Inn
27	Wed	London - 741 King St.
28	Thu	London - 741 King St.
30	Sat	London - 741 King St.

CPR Level A or C + AED

Register now

This course provides comprehensive CPR training for general public interest or workplace requirements. Students will learn the responsibilities of a First Aid provider and the skills to provide assistance in the event of a cardiac emergency, choking or stroke for adults, infants or children as well as 2 person CPR. Certificate issued upon successful completion.

CPR Level A (Adults only) - 8:30 am – 12:30 pm CPR Level C (Adults, infants & children) - 8:30 am – 2:30 pm

Please call for course dates

CPR Level C + AED Renewal

This course provides comprehensive CPR training for general public interest or workplace requirements. Students will learn the responsibilities of a First Aid provider and the skills to provide assistance in the event of a cardiac emergency, choking or stroke for adults, infants or children as well as 2 person CPR. Certificate issued upon successful completion. *Time: 6:00 pm – 9:00 pm*

JANUARY	DAY	LOCATION
28	Mon	London - 741 King St.

FEBRUARY	DAY	LOCATION
25	Mon	London - 741 King St.

MARCH	DAY	LOCATION
25	Mon	London - 741 King St.

CPR for Health Care Provider (HCP)

Register now

This course is geared towards health care providers that work in a medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion. *Time: 8:30 am – 6:30 pm*

NOVEMBER DAY LOCATION

17 Sat London - 741 King St.

DECEMBER DAY LOCATION

15 Sat London - 741 King St.

JANUARY DAY LOCATION

19 Sat London - 741 King St.

FEBRUARY DAY LOCATION

9 Sat London - 741 King St.

MARCH DAY LOCATION

16 Sat London - 741 King St.

CPR for HCP Renewal

This renewal course is geared towards health care providers that work in a medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion. *Time: 8:30 am – 6:30 pm*

DECEMBER DAY LOCATION

8 Sat London - 741 King St.

JANUARY DAY LOCATION

12 Sat London - 741 King St.

FEBRUARY DAY LOCATION

2 Sat London - 741 King St.

MARCH DAY LOCATION

9 Sat London - 741 King St.

APRIL DAY LOCATION

6 Sat London - 741 King St.

MAY DAY LOCATION

4 Sat London - 741 King St.

JUNE DAY LOCATION

8 Sat London - 741 King St.

JULY DAY LOCATION

13 Sat London - 741 King St.

27 Sat London - 741 King St.

AUGUST DAY LOCATION

10 Sat London - 741 King St.

24 Sat London - 741 King St.

SEPTEMBER DAY LOCATION

14 Sat London - 741 King St.

28 Sat London - 741 King St.

OCTOBER DAY LOCATION

5 Sat London - 741 King St.

NOVEMBER DAY LOCATION

9 Sat London - 741 King St.

DECEMBER DAY LOCATION

14 Sat London - 741 King St.

Babysitting Basics

Register now

A St. John Ambulance course developed for youth ages 11 – 15

This course provides New Babysitters with the necessary skills to provide care to children in a variety of situations.

This course emphasises:

- Safety rules
- Responding to Emergencies; and,
- Development of Leadership Skills

Course content includes:

- Become a successful babysitter
- How to care for Infants, Toddler and School aged children; including (healthy meals, safe play, diapers, bedtime routines and much more).
- How to make the correct decisions when dealing with the behaviour of children
- Handling Emergencies
- Caring for a sick or injured child
- Prevention and basic First Aid – Choking, CPR, Head Injuries, poisonings, Burns and much more.

Take home Materials: Babysitters Manual, Babysitting Certificate and a small babysitting First aid kit.

JANUARY	DAY	LOCATION
4	Fri	London - 741 King St.

Home Alone

A one-day program designed for children 10 years of age and older to help prepare them stay safe in times where they may find themselves alone for short periods of time. Phone calls and visitors, recognizing hazards, following home safety procedures, first aid basics, healthy eating, fire safety, and how to use 911 will be covered. St. John Ambulance believes that youth who are well prepared for the unexpected, will more confidently handle an emergency and be safer as a result. Each student will receive a Canada Safety Council Handbook and certificate. *Time: 9:00 am – 12:00 pm*

Please call for course dates

Mental Health First Aid - Basic

Mental Health Commission of Canada, Mental Health First Aid - Basic helps individuals to identify an individual in crisis due to a mental health condition and direct the individual to the correct form of assistance. The course uses an algorithm to assist in recognizing the signs and symptoms of a variety of conditions. *Time: 8:30 am – 4:30 pm*

Please call for course dates

Pet First Aid

Good first aid knowledge can help to save your pet’s life, reduce the potential for increased injury and promote fast recovery. First aid is not a replacement for going to your vet, but handling emergency situations properly right at the beginning can help you recognize problems early and act on them quickly. Each student will receive a St. John Ambulance Pet First Aid reference guide with over 50 pages of information and full colour illustrations. Participation certificates issued upon successful completion. *Time: 8:30 am – 4:30 pm*

Please call for course dates

Medical First Responder Level 1 + CPR Level HCP

Register now

The Medical First Responder courses are designed for those interested in taking a more active role in emergency situations and obtaining more advanced first aid skills. Students will be introduced to a thorough standardized assessment protocol, oxygen administration and advanced injury management. The courses are student oriented with pre-course self-study and evaluation, lots of hands-on scenarios, skills stations and realistic practical sessions to maximize relevance. Certificates valid for three years are issued upon successful completion.

Please call for course dates

Marine Basic First Aid

Courses are designed to meet Transport Canada Regulation TP13008 - Training standards for Marine First Aid and Marine Medical Care. Nationally recognized certificates, valid for five years, are issued by Transport Canada upon successful completion. Annual recertification of CPR is recommended. A valid CDN issued by Transport Canada is required to participate in this course. Course fee includes a St. John Ambulance's First Aid & CPR Student Reference Guide and Marine Supplement. CPR A LEVEL

Please call for course dates

Locations Map:

London - 741 King St., London, ON, N5W 2X2



Chatham - Retro Suites Hotel - 2 King St. West, Chatham ON N7M 1C6



Windsor - Gino & Liz Marcus Community Complex - 1168 Drouillard Road, Windsor, ON N8Y 2R1



Sarnia – Holiday Inn - 1498 Venetian Blvd., Sarnia, ON N7T 7W6

